

# Ippon

ACTIVE  
ACCESSIBLE  
ACCREDITED

CLUB  
MARK



Official Club Newsletter — March 2012 - Issue 5.

Kingsley School Judo Club  
Northdown Road  
Bideford  
Devon  
EX39 3LY

## Kingsley Judo Club Events

Sunday 29th April

Salisbury Championships

Sunday 13th May

West Of England Champs

Saturday 19th May

P4P Workshop

Tuesday 29th May

Grading Seminar Night

Saturday 16th June

Samurai Mini Mon Club Teams

Sunday 17th June

West Of England Squad Training  
- Bristol

Sat/Sun 23rd & 24th June

Kent International

Sunday 1st July

Kingsley School Judo  
Tournament

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## Latest Club News and Information

Welcome to our latest club newsletter, it's been a very busy and successful start to 2012 for Kingsley School Judo Club. So I hope you enjoy reading all our members achievements.

Clubmark Bronze level has now officially been awarded to our club by the BJA and Sport England the certificates are now on display in our Dojo. I'm very proud of the work that went into gaining this recognition and it proves our club is developing a firm base which offers great Judo to the local community. I would like to now work towards the Silver award, but really need more volunteers.

Monthly Spirit of Judo winners for January was **Ruben Stacy**, February was **Ursula Corbett**. We have this year a new look trophy for the winners to keep, so the award really is worth trying hard to win.

Grading assessments were a great success again last month. 17 children graded to a new level with in the Kano or Mon grade systems. Some children had really worked hard in practicing their techniques. In particular **Danny Rogers** who scored the highest mark in his second Mon test. Just to remind all parents that grading can only be done once a child takes out a judo licence, and the current fee is £10.00.

Sam Foulser is now halfway to gaining his 1st Dan black belt after collecting another ten points at the Midland Championships in January. Sam needs 100 points in total and now won 50, hopefully by the summer term Sam will have gain his black belt.

Club T-shirts are now ready to order for yourself or your children. Having a club identity is very important and helps create a real sense of pride within the club. You can currently see the club coaching team wearing their Polo Shirts. So you can see just how good they are. We can offer either a Polo Shirt or a plain T-Shirt, which female Judoka would normal wear under their kit. An order form is available from the club, costs start from £12.

Local community judo is proving a great success for Kingsley. Over the past few months we have been running weekly sessions at Appledore primary school with great success which will hopefully lead to many new members coming to join the club at Kingsley now their course has finished. At Great Torrington we have gone one step further, Torrington school were very keen at getting their pupils more committed to Judo so we have established a satellite club which train on a Tuesday afternoon. This again benefits Torrington school and our own Kingsley club as all the members hold Kingsley BJA licenses and it's another important

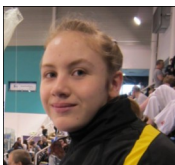
development towards our next Silver club mark level. I'm sure in time we could arrange some judo matches between the schools.

Parents Night again proved a fantastic experience for the kids and parents. Around 20 mums and dads took up the challenge to have a go. Well done to you all, it was great watching you all struggle to keep up with your child!!!

Kingsley Club Tournament on Sunday 25th March starting at 10am. Good luck to all those who are going to come along and take part, it promises to be another great day of judo for all to enjoy. The next event is planned for Sunday 1st July, so try and keep that date free.

British Schools Judo success for six of our fighters. This tough event in Sheffield saw 450 school pupils battling it out for National titles. Children from years 6 up to 13 fought in many different weight groups. Sam Foulser in 12/13 yr -66kg and Michael Edwards 10/11 yr -66 both won Bronze medals. Clara Gawlas 10/11 yr finished in 5th place in the -63 kg class just missing a Bronze medal. Oliver Mathers 10/11yr - 60kg fought well to finish in 7th place. But most pleasing was the effort and determination from Joe Hillyer and Louis Hughes both fighting the nerves at this major event. Both boys came away in 7th place and won some Judo bouts in the their weight groups.

## Kingsley School Team Profile



Clara Gawlas

Yr 10,

Age 14

Her Favorite Throw is—Tani Otoshi

Her Favorite Judoka is Oleg Bissof

Her Best Judo Performance was - Berlin Championships 5th Place

Her Judo Ambition is - To win more medals in England

Her Favorite Film is 1/2/3

Her Favorite Music—Most types of music

She Says Her Best Qualities Are—She is strong

How Many Medals Will Germany Win in Judo at Olympics— More



Kingsley School Judo Club Parents Night

More pictures can be seen on the clubs Facebook Group

# Kingsley School Judo Club

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Kingsley Judo Club At Devon Championships



## Find The Judo Word

I O J D U G

A Z A R A W I

I A T A M T

U O Y K

## Judo Words You Should Understand

- Judogi** = Judo Kit
- Wazi-ari** = 7 pt Score
- Tatami** = Judo Mats
- Yuko** = 5pt Score
- Mon** = Junior Grade
- Kyu** = Student Grade

## Paralympics Judo Tournament

This issue we take a look at the Paralympics Judo event, which will be held in the same ExCel venue.

The events starts on 30th August until 1st September, 84 male and 48 women Judoka will qualify for the 2012 Games.

There are 3 categories of visual impairment - B1, B2 and B3. B1 athletes are blind and are identified by a red circle on the sleeves of their Judogi (judo kit). Deaf competitors are identified by a blue circle on the back of their Judogi. The mats have different textures to indicate the competition area and safety zones.

Judo first featured on the Paralympic programme at Seoul 1988, with the women's event starting in Athens. The programme now features seven medal events for men and six for women, covering a range of weight categories.

Team GB's big hope is current visually impaired World Champion Ben Quilter, Ben fights in the -60kg class and in Beijing won a Bronze medal.

Simon Jackson is a past great champion who has won 3 Gold medals.

## Devon Junior Judo Championships Report

What a difference a year makes in Judo. At last year's Devon County Championships in Kingsbridge, Kingsley didn't have enough fighters to enter the Inter-Club team event and only won 2 Gold medals from six competitors. At this year's event we entered an enthusiastic team of 13 fighters and had enough Judoka to enter the team event. But most pleasing of all was winning a total of 22 medals with 7 individual Gold medal champions.

In the team tournament Kingsley was just one fighter short of a full nine man team. The team performed very well as many of the young lightweights where competing for the very first time. We ended the competition in 3<sup>rd</sup> place after beating Totnes club Ronin Do by 6 wins to 3 to secure the Bronze medal.

In the individual competition our Judoka really stepped up a level and produced some marvellous results by winning 7 Gold medals and County Championships titles.

Kingsley School's Joe Hillyer -34kg, Finlay Mathers -38kg and Louis Hughes -46kg all in the under 12 age class put together a dazzling performance of skilful attacking Judo to remain unbeaten all day to win their weight division. In fact Finlay retains his title as he won last year's event.

Denver Butterworth performed possibly the best counter throw of the day against South Brent's Adam Whitfield to win Gold in the -38kg in the under 16 age class. Fellow club mate Jacob Ward returned to Judo after a two year lay-off to also win Bronze medal in the same weight category.

Joseph Wickett also won Gold in the heavyweight category while Michael Edwards won Gold with six Ippon wins in the -66kg class also in the under 16 age group.

A much improved Oliver Mather's won three bouts all by Ippon to win his first County title in the -60kg class, Elliot Sutcliffe -55kg who was fighting in his first ever competition, never let the stress get the better of him to win a well-deserved Silver medal. And Chris Edwards took a Bronze medal in the -50kg class in the under 16 age band.

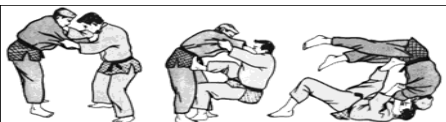
Bronze medals were also won in the under 12 age class by newcomers Felicity Barkley -26kg, Louie Mathers -27kg and Oliver Stacey -30kg. All three young Judoka competed well and won some bouts which helped them to win their first ever medals.

Kingsley Coach Simon Ward says "I'm extremely proud of all the team's efforts. They produced some great attacking Judo skills; we had some very encouraging performances from our newer fighters and confident mature technical performances from our older squad fighters".

O	V	H	T	A	R	O
U	W	P	K	M	G	K
C	R	C	N	U	N	T
H	Q	A	R	K	M	A
I	L	U	N	I	Z	U
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A	S	P	W	A	G	X
R	B	I	J	Z	I	E
I	K	E	T	A	F	Y
U	I	H	S	O	G	O

## FIND THE FIVE HIDDEN THROWS

O UCHI GARI, O GURUMA, O GOSHI,  
UKI WAZA, URANAGE,



Famous Judo Quotes— There are two types of people in the world. Those that find excuses and those that find a way.