

# DINNER MENU

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	French onion	Tomato & chilli	Wild mushroom	Broccoli & cheddar			
MAIN MEAL	Pappardelle Bolognese with grated cheese & garlic bread	Cog au vin	Steak & mushroom pie	Slow cooked pork in black bean sauce	Chicken fajitas Tortillas, tomato salsa, sour cream & gaucamole	Homemade beef burgers	Roast turkey, sage & onion, cranberry sauce
VEGETARIAN	Quorn Bolognese	Stuffed pepper	Butternut squash, spinach & feta parcels	Quorn in sweet chilli sauce	Vegetable fajitas	Falafel burger	Vegetable roast
VEGETABLES	Garden peas & sweetcorn	Dauphinoise potatoes, buttered carrots & fine beans	Creamy mashed potato & steamed broccoli	Stir fried vegetables, steamed rice & prawn crackers	Seasoned potato wedges	Baked beans Twister fries	Roast potatoes, carrots, savoy cabbage, cauliflower cheese & roasted parsnips
DESSERTS	Chocolate & beetroot brownie	Fresh fruit salad	Raspberry Pavlova	Oat & raisin cookies	Ice cream roulade	White chocolate & raspberry muffins	Lemon cheesecake