

# LUNCH MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SOUP OF THE DAY</b>	French onion	Leek & potato	Chicken & sweetcorn	Carrot & coriander	
<b>HOMEMADE BREAD</b>	Roasted pepper & tomato	Crusty white bloomer	Cheese & onion		
<b>MAIN MEALS</b>	Chicken tikka masala Naan bread	Spaghetti Bolognese Garlic bread	Chicken fajitas, sweet peppers & onions	Roast loin of pork Sage & onion stuffing	Homemade beef burgers
<b>VEGETARIAN</b>	Sweet potato tikka masala Naan bread	Quorn Bolognese Garlic bread	Roasted Mediterranean vegetable tortilla	Roasted stuffed pepper, squash & Parmesan risotto	Beetroot, squash & goats cheese burger
<b>VEGETABLES</b>	Bombay potatoes Steamed rice Mango chutney Fine beans Sugarsnap peas	Parmesan cheese Tossed mixed salad Steamed broccoli Garlic & parsley potatoes	Sautéed potatoes Salsa & sour cream guacamole wraps Sautéed courgettes	Cauliflower cheese Roast potatoes Carrots Peas Parsnips	Homemade chips Baked beans Sweetcorn Green beans
<b>PASTA BAR</b>	Tomato & basil Sundried tomato risotto	Tomato & basil Ham & mushroom linguine	Tomato & basil Macaroni cheese	Tomato & basil Roasted vegetable & pesto pasta bake	Tomato & basil Roasted squash & Parmesan tagliatelle
<b>JACKET POTATOES</b>	Baked beans Smoked salmon & cream cheese	Baked beans Chicken & bacon mayo	Baked beans Bacon & mushroom cheese	Baked beans Vegetable chilli	Baked beans & cheese Tuna mayo & cottage cheese
<b>SALAD BAR</b>	Roasted vegetable tart Honey roast ham, tuna mayo, cheese	Prawn cocktail Ham, cheese & tuna	Piri piri chicken Ham, cheese & tuna	Roast turkey Ham, cheese & tuna	Homemade paté Ham, cheese & tuna
<b>HOT DESSERTS</b>	Treacle sponge & custard	Pineapple upside down cake & custard	Homemade pancakes with various sauces	Apple pie & vanilla cream	Lemon sponge & custard
<b>COLD DESSERTS</b>	Profiteroles & chocolate sauce Fresh sliced fruit Stapleton yogurts Cheddar, Stilton, Brie	Lemon cheese cake Fresh sliced fruit Stapleton yogurts Cheddar, Stilton, Brie	Carrot cake Fresh sliced fruit Stapleton yogurts Cheddar, Stilton, Brie	Chocolate mousse Fresh sliced fruit Stapleton yogurts Cheddar, Stilton, Brie	Oat & raisin biscuits Fresh sliced fruit Stapleton yogurts Cheddar, Stilton, Brie