

NURSERY MENU

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken korma curry	Spaghetti Bolognese	Sausage casserole	Roast chicken with apple & sage stuffing	Homemade cod fishcakes
2 ND OPTION	Tomato pasta bake	Quorn Bolognese	Roasted Mediterranean tortilla	Squash & parmesan risotto	Jacket potatoes with baked beans Roast gammon ham
VEGETABLES	Steamed rice Poppadoms Fine beans Sweetcorn	Steamed broccoli Tossed mixed salad Grated cheese	Creamy mash potatoes Savoy cabbage Buttered carrots	Roast potatoes, cauliflower cheese, buttered swede, braised red cabbage & steamed leeks	Homemade chips Garden peas Baked beans Fine beans
DESSERTS	Treacle sponge pudding & custard	Fruit yogurt Fresh cut fruit	Pineapple upside down cake & custard	Apple pie & custard	Jelly & ice cream